

Mental Health Websites

www.arhrf.org.au - Australian Rotary Health research fund.

www.auseinet.com – Australian network for Promotion, Prevention and Early Intervention for Mental Health across all ages of the lifespan.

www.beyondblue.org.au – the site for the ‘beyond blue’ national Depression Initiative.

www.blackdoginstitute.org.au – Depression and Bipolar disorder information for Australians from a clinical, research and education perspective.

<http://bluepages.anu.edu.au> – developed by the Centre for Mental Health Research (ANU) and the CSRIO Division of Mathematical and Information Sciences, this site provides information about depression.

www.cochrane.org - The Cochrane Collaboration is an International non-profit organization that prepares, maintains and promotes the accessibility of systematic reviews of the effects of health care.

www.cci.health.wa.gov.au – CCI- centre for clinical interventions: a government organization that conducts clinically applied psychosocial research and provides training and supervision for various psychological interventions.

www.depression-net.com – DepressionNet aims to be a one-stop depression information resource for Australians. This site also includes information about new research and opportunities to contribute to this research.

www.gu.edu.au/school/psy/aisrap - Australian Institute for Suicide research and Prevention co-ordinated by Professor De Leo in Brisbane.

www.healthinfonet.ecu.au/frames.htm - Australian Indigenous Health Info Net is a comprehensive knowledge and information site for people interested in the health of Indigenous Australians.

www.healthinsite.gov.au – provides a listing of Australian-only health sites that have been assessed as credible by the Department of Health and Aged Care.

www.health.vic.gov.au/mentalhealth/outcomes/index.htm - The Victorian Outcome Measurement site.

www.human-nature.com/odmh/depression.html - the online ‘dictionary of mental health’, this site also provides links to other sites that enlarge on topics discussed.

www.joannabriggs.edu.au - The Joanna Briggs Institute brings together a range of practice-oriented research activities to improve the effectiveness of nursing practice and health.

www.legislation.act.gov.au - The ACT Government legislation site.

www.livingisforeveryone.com.au – Living Is For Everyone (LIFE), is a national Suicide Prevention site with loads of useful information and links to International sites.

www.med.jhu.edu/drada/creativity.html - DRADA; Depression and Related Affective Disorders Association, looks at creativity, depression and manic depression, and provides studies of writers and artists.

<http://members.iinet.net.au/~fractall/fhello.htm> - Fyreniyce refers to itself as 'the Australian Bipolar website'. This site is dedicated to those who suffer from bipolar disorder and offers a virtual community.

www.mentalhealth.com/dis/p20-md01.html - this site aims to improve understanding, diagnosis and treatment of mental illness, and to provide information about effective well-researched treatments.

www.mentalhealth.com/dis/p20-md02.html - this site aims to provide information about diagnosis, characteristics and treatment of bipolar disorder.

www.mentalhealth.gov.au – provides information about mental illness.

www.mhca.org.au – The Mental health Council of Australia is a peak non-Government organization representing and promoting the interests of the Australian Mental Health sector, committed to achieving better mental health for all Australians.

www.mhf.org.au – MHF- is an NGO that works to implement creative partnerships with mental health consumers, other mental health organizations, government agencies, mental health professionals, and community organizations with a view to improve mental health in the community.

www.miea.org.au – Mental Illness Education; a mental health awareness program.

www.mindbodylife.com.au - a site moderated by Eli Lilly providing information on their Mind Body Life programme.

www.mindbodylife.com.au - Partnerships in Wellbeing Awards recognise and support innovative programmes to help people living with a Mental illness to optimise their lifestyles and improve quality of life.

<http://moodgym.anu.edu.au> – an internet based CBT intervention devolved by the Centre for Mental Health Research (ANU).

<http://www.mentalhealth.gov.au/mhinfo/ems/pdfs/natpracstd.pdf> - the link to the online National Practice Standards.

www.ndmda.org – the National Depressive and Manic-Depressive association aims to educate that all depressive and manic-depressive illness are treatable medical diseases, as well as foster self-help, improve access to care, and advocate for research to eliminate these illnesses.

www.nice.ora.uk/page.aspx?0=43004

www.nimh.nih.gov/press/index.cfm - the National Institute of Mental Health, Australia

www.nswamh.org/dmda - this is the website of the Depression and Mood Disorders Association of NSW. Its objective is to inform and help people with Bipolar disorder, Depression or mood disorders and their families and friends.

www.psycom.net/depression.central.html - Dr. Ivan's Depression Central, as this site is called, aims to operate as a 'clearing house' for

information about major depression (bipolar disorder), cyclothymia, dysthymia and other mood disorders and their effective treatments.
www.sane.org – this website is run by SANE, an Australian charity helping people affected by mental illness through lobbying, education and research. It offers an information and referral service.

www.sfnsw.webcentral.com.au – Schizophrenia Fellowship, NSW

www.Wirralforums.com – An information site for professionals and others on Mental illness facts and Myths.

www.youngminds.org.uk – Promotes Child and Adolescent Mental Health issues.

Medications

www.brainexplorer.org – focuses on brain disorders.

www.cipramil.com – this site is for health care professionals.

www.cnsforum.com – treating depression.

www.ebixa.com – this site is for health care professionals regarding Alzheimer's disease and treatment.

www.healthyplace.com/medications/index.asp - usage, dosage and side effects of various psychiatric medications.

www.lundbeck.com – the Lundbeck Institute provides educational services to health professionals and patients. Key focus areas are Depression, Alzheimer's and Schizophrenia.

Other

www.aph.gov.au/senate/committee/mentalhealth_ctte - the Senate Select inquiry into Australian Mental Health Services.

www.artagainsstigma.com – Lundbeck Universe programme against stigma in our communities.

www.mmha.org.au – Multicultural Mental health Australia provides national leadership in Mental health and Suicide prevention for Australians from culturally and linguistically diverse (CALD) backgrounds.

<http://www.braintrack.com/> A site with all undergraduate and postgraduate University courses in Australia and internationally.

Alcohol and Other Drugs

www.adca.org.au – Alcohol and Other Drugs Council of Australia.

www.adin.com.au – Australian Drug Information Network; a search engine for the alcohol and other drug sector which links to over 1500 international websites.

www.aerf.com.au – Alcohol Education and Rehabilitation Foundation Ltd; addresses prevention, treatment, research and rehabilitation for misuse for alcohol as well as paint, petrol and glue sniffing.

www.apsad.org.au – the Australian Professional Society on Alcohol and Other Drugs is a leading multidisciplinary organisation for professionals involved in the Drug and Alcohol field.

www.alcohol-drug.com/ - the Psychological Assessment, Referral and treatment Service (ARTS).

Professional Colleges

www.anzcmhn.org – is the Professional body representing the interests of Mental health Nurses in Australia and New Zealand.

www.danaonline.org – Drug and Alcohol Nurses of Australasia; a nursing body providing support to nurses with an interest in Alcohol, Tobacco and Other Drug (ATOD) issues, aimed at improvement in the quality care in nursing toward people whose lives are affected by the hazardous and harmful use of ATOD.

www.ranzcp.org – fellowship of psychiatrists working together with and for the general community to achieve the best attainable quality of psychiatric care and mental health.

www.rcna.org.au – The Royal College of Nursing Australia (RCNA) is a professional voice for nurses.

Non-Government Organizations

www.actco.org.au/mentalhealthcommunitycoalitionoftheact - The Mental Health Community Coalition (MHCC) of the ACT is a representative body for community based mental health organizations in the ACT.

www.carers.asn.au

www.pamshouse.pwp.blueyonder.co.uk – a site that promotes Carer awareness and issue surrounding Carers (UK based), with 25 links to other Carer sites.

www.projecthope.biz - the Project Hope Foundation has been working on preventing and reducing Depression and preventable deaths in NZ

www.pwdact.org.au – a peak consumer body representing people with disabilities who live in the ACT.

www.rcpsych.ac.uk/campaigns/pinc/index.htm - Partners in Care is a campaign initiated by the Royal College of Psychiatrists, to highlight the problems encountered by carers of those with learning disabilities and mental health problems.

www.reachout.com.au – An Internet based service for young people with any sort of problem, not necessarily mental health.

www.readthesigns.com.au – a joint initiative between Lifeline and MTAA Superannuation fund outlining their campaign to promote help seeking and suicide prevention, especially by men.

www.schizophrenia.org.au/aboutus.htm - The Mental Illness Fellowship of Australia (MIFA) provides an information and support service for consumers, carers and interested community members. Formerly the Schizophrenia Fellowship Council of Australia.

www.youngcarersnsw.asn.au - The Young Carers Association of NSW provides this site for 8-18 year old people who care for parents in particular.

Journals

www.auseinet.com/journal/vol4iis1/index.php - Ae JAMH, the Australian e Journal for the Advancement of Mental Health.

www.contemporarynurse.com – Contemporary Nurse