



Training Unit Evaluation

Unit Number _____

Unit Name _____

Date _____

Thank you for your evaluation.

Name (optional) ----- OR M F

General Comments

Are there any general comments you would like to make?

About My Goals

1. My goals for this unit were:
2. What helped me to achieve my goals?
3. What hindered me from achieving my goals?
4. What could I have done differently to increase the achievement of my goals?
5. What have I learnt about counselling at the end of this unit?

About My Practical Work (if applicable)

6. Estimate the percentage of time spent as counsellor, client and observer in group practice.
Counsellor _____% Client _____% Observer _____% = 100%
7. Which practical experiences were the most/least helpful to me and why that was so? (if applicable).
8. How open was I able to be in those experiences and what helped/hindered that process?

About Distance Education

9. What did I find most difficult in the Distance Education approach to learning in this unit?
10. How could the trainer and tutors have addressed my problem/s differently?
11. What help have you gained from your tutorials for this unit?
12. How did I manage in building my own support group?
13. What was my experience of contact with LRCCS staff?
14. Feedback about LRCCS course materials?